



WebXchange: MFRC Innovative Ideas

Super ways to support families who are relocating

25 Oct 2018

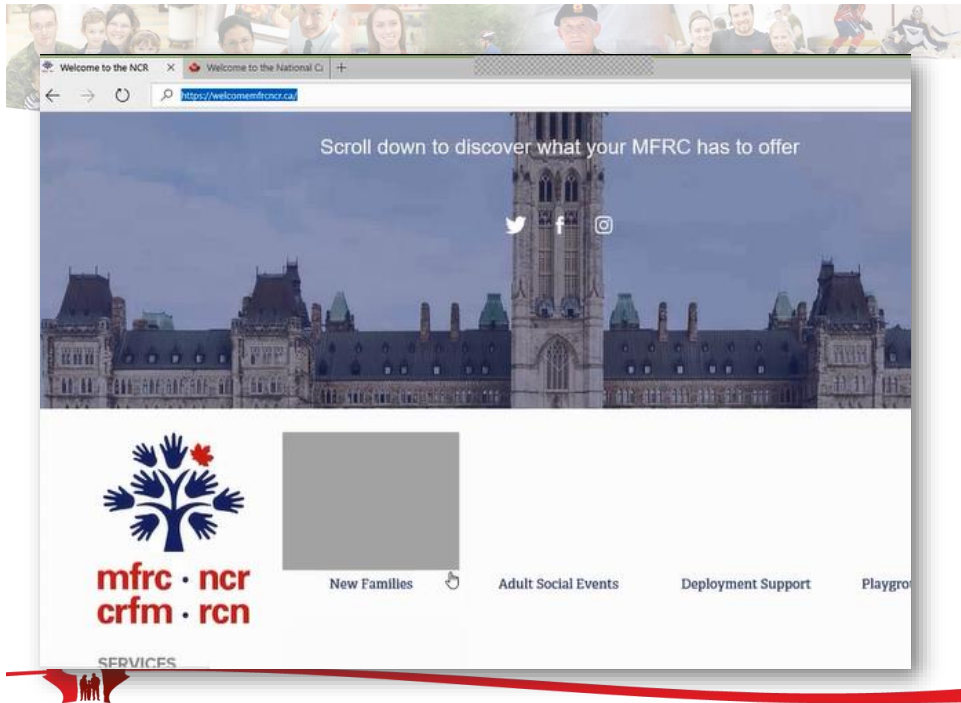
Joanne Mallet, NCR MFRC

transitions@mfr-ncr.ca



- What works for some, may not work for others
- A lot of validation and reassurance for families
- Be positive - it can be contagious!
- Brookfield - can acknowledge struggles, empathize and then also mention some positive aspects (e.g. local resources, local events, etc)
- Not uncommon for them to feel really overwhelmed
- If you pick up on someone who might need a bit more assistance (sound stressed over the phone, etc), then following up with a friendly phone call can make a big difference
 - Some suggestions that people have appreciated: having the posting message, key docs in one binder ; have a "first day" box of key items
 - We often suggest a "purge" prior to moving - it can be difficult but also make the move easier and be somewhat therapeutic
- "First day box" - put your favourite coffee mug in there; something that the kids are familiar with; put a description or picture of how things are wired (tv, etc)





Welcome to the NCR

Welcome to the National C

https://welcomemfrc.ca/

Scroll down to discover what your MFRC has to offer

Twitter Facebook Instagram

mfrc • ncr
crfm • rcn

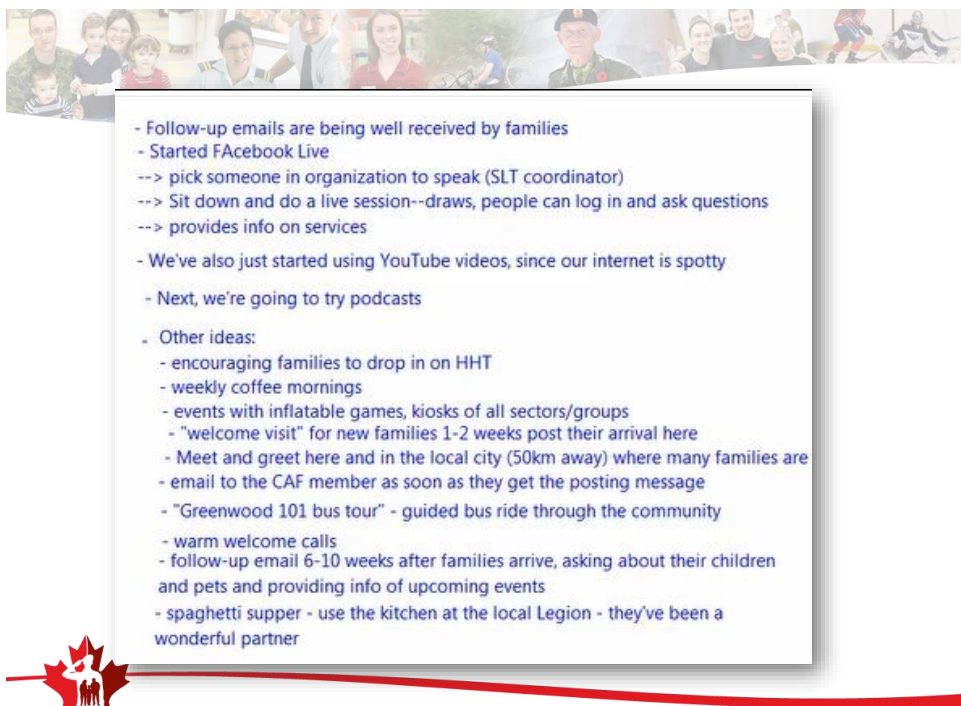
NEW FAMILIES

ADULT SOCIAL EVENTS

DEPLOYMENT SUPPORT

PLAYGRO

SERVICES



- Follow-up emails are being well received by families
- Started Facebook Live
 - > pick someone in organization to speak (SLT coordinator)
 - > Sit down and do a live session--draws, people can log in and ask questions
 - > provides info on services
- We've also just started using YouTube videos, since our internet is spotty
 - Next, we're going to try podcasts
- Other ideas:
 - encouraging families to drop in on HHT
 - weekly coffee mornings
 - events with inflatable games, kiosks of all sectors/groups
 - "welcome visit" for new families 1-2 weeks post their arrival here
 - Meet and greet here and in the local city (50km away) where many families are
 - email to the CAF member as soon as they get the posting message
 - "Greenwood 101 bus tour" - guided bus ride through the community
 - warm welcome calls
 - follow-up email 6-10 weeks after families arrive, asking about their children and pets and providing info of upcoming events
 - spaghetti supper - use the kitchen at the local Legion - they've been a wonderful partner