



WebXchange: MFRC Innovative Ideas

Gander and Mainland BC MFRCs: Tips for serving specialized populations

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Gander MFRC Serving 5th Canadian Ranger Patrol Group (5CRPG)

- Strategically bring Rangers into your MFRC: Our BOD Chair is the spouse of a Reservist working with 5CRPG; Reg Force Capt sits on our BOD
- Great networks with their Chain of Command is key: All 5 CRPG clear in at MFRC and we are invited to their ARV; receive nominal roles of all 19 patrols (900+ Rangers); Patrol Training dates and locations
- Outreach to Rangers – we thought we could piggy back on the outreach we had been doing successfully for years but it wasn't working. We are now invited to attend patrol training events and are put on the agenda. They provide us their training schedule and we plan our outreach trips around it.
- Info Packages are distributed during our visits with information not just about our Centre but also SISIP (in fact the SISIP rep has gone on these outreach trips with us); CFMAP (great for isolated communities with few resources); Support Our Troops (we have secured funds for Rangers); Strongest Families (again great in isolated communities with few resources); CFOne Card. Services at Centre – Social Worker; Employment Assistance; Respite/Emergency Care (Rangers can be deployed) and Rangers are welcome to use our Emergency RHU.
- Special mention to members who work with Junior Rangers – CFMAP, Strongest Families, Access to our Social Worker are great tools to assist them in their work.



Gander MFRC **Serving the Search and Rescue Community**

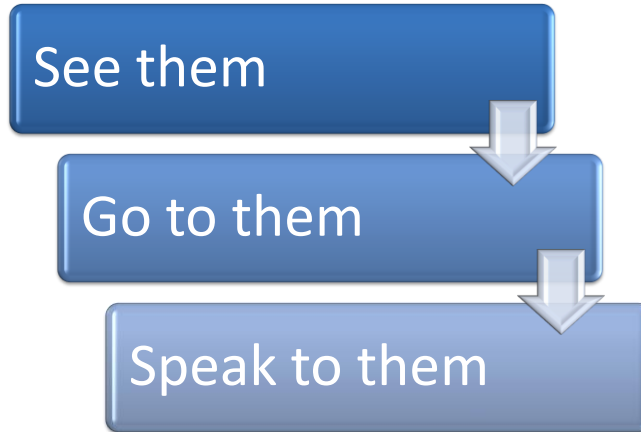
- Key person to know your MFRC's capabilities is the SWO (Section Warrant Officer)
- We removed all "obstacles" to the use of respite child care – whenever they are away.
- Strategically recruit for your BOD
- Be a good partner – Trip to Janeway Childrens Hospital
- Show an interest in their unique challenging work – all of our staff have spent a day flying with 103 SAR SQN



Gander MFRC **Serving Reservists**

- 91 Construction Engineer Flight (Deployed Constantly)
- Air Reserve Flight (30% of Wing strength – cuts in funding)
- 2nd Battalion Royal Newfoundland Regiment (A & B Companies- satellite; C Company - Gander)
- Keeping in contact; keep them included.
- Be present on parade nights
- Warm line calls really help them feel they are a part of our military family.
- Get to know resources in their communities – to be a partner with, or be a support for their work with our family (goes for Rangers too)

Mainland BC MFRC: Approach to serving specialized populations



**Mainland BC
MFRC:
See them**

Mainland BC
Military Family Resource Centre

Cultus Lake Summer Celebration

Friday, August 4th
4150 Columbia Valley Hwy, Cultus Lake
Rain or Shine!

Registration: June 19th - July 28th @ 4pm
mainlandbc.com/events

\$10 per ticket
max 6 family members
Ticket pick up at venue between 10:00 a.m. - 12:00 p.m.

bcmfrc.com
info@bcmfrc.com
facebook.com/bcmfrc

**Mainland BC
MFRC:
Go to them**



**Mainland BC MFRC:
Speak to them**



Meaford MFRC: Sample info package letter

Cindy Lewin: "One of the things that we do to reach out to reservists' families is that we attend grad parades during RST and distribute bags to families that have been designed to inform families of what is available to them."

Summer 2017

Greetings!

The Military Family Resource Centre (MFRC) Meaford has prepared this information package as an introduction to Military Family Services, a division of the Canadian Forces Morale and Welfare Services.

Besides these great resources, you might be interested in the following websites:

www.caconnection.ca (to find and connect with the MFRC in your area)

<https://www.cfmws.com/en/OurServices/ServicesDirectory/Pages/default.aspx> (to learn about the services available to your family)

www.cfappreciation.ca (the official discount program of the Canadian Forces community)

Besides being a tremendous resource, your MFRC provides a link to the services offered through the Military Family Services. Be sure to connect with your MFRC either in person, by phone or on social media.

Best wishes to you and your family during your military career.

Cheers!

"The bag contents are not MFRC Meaford specific, rather we put information in their about MFRC's, CFMWS, SISIP, etc."