

TOOL 1 - ACRONYMS

AED	Automated External Defibrillator
AFTA	Advanced Fitness Training Assistant
AR	Administrative Review
ASU	Area Support Unit
BFTA	Basic Fitness Training Assistant
BP	Blood Pressure
PROFS	Primary Reserve Operational Fitness Standard
CFMWS	Canadian Forces Morale and Welfare Services
CDS	Chief of the Defence Staff
CEP	Certified Exercise Physiologist
CAF	Canadian Armed Forces
CFHS Chit	Canadian Forces Health Services Chit (Medical Chit)
CMPC	Chief Military Personnel Command
CMTFE	Common Military Task Fitness Evaluation
CO	Commanding Officer
CoC	Chain of Command
CPAFLA	Canadian Physical Activity Fitness and Lifestyle Approach
CPT	Certified Personal Trainer
CSEP	Canadian Society for Exercise Physiology
Dfit	Director of Fitness
DMed Pol	Director of Medical Policy
DMCA	Director Military Careers Administration
DMCPG	Directorate of Military Career Policy and Grievance
EAP	Emergency Action Plan
FL	Fitness Leader
FC	Fitness Coordinator
FORCE	Fitness for Operational Requirements of CAF Employment
FSI	Fitness and Sports Instructor
HR	Heart Rate
HRMS	Human Resource Management System
MEL	Medical Employment Limitation
MFS	Manager, Fitness and Sports
MPFS	Minimal Physical Fitness Standards
OPI	Office of Primary Interest
PER	Personal Evaluation Report
PES	Physical Exercise Specialist
PHA	Periodic Health Assessment
PSP	Personnel Support Programs
PROFS	Primary Reserve Operational Fitness Standard
RAFS	Regional Adapted Fitness Specialist
RM	Remedial Measures
SCS	Strength and Conditioning Specialist
SPTC	Supplementary Physical Training Coordinator
STF	Strengthening the Forces
UofS	Universality of Service
URP	Unit Personnel Records
WC	Waist Circumference