



# PSP Reconditioning Program Policy

## 1. Identification

- 1.1 Date of Issue** 2012-23-12
- 1.2 Application** This is a directive that applies to designated PSP fitness personnel on Bases/Wings in Canada and Europe.
- 1.3 Supersession** N/A
- 1.4 Approval Authority** This order is issued under the authority of the Director of Fitness (DFIT).
- 1.5 Office of Primary Interest (OPI)** DFIT/National Physical Fitness Manager
- 1.6 Content**
- Policy Direction
  - Publication
  - References

## 2. Policy Direction

- 2.1 Policy** To standardize the delivery of the PSP reconditioning program, designated PSP fitness personnel will follow the PSP Reconditioning Standard Operating Procedures / Term of Reference (para 4.1).
- 2.2 Designated Personnel** This policy applies to PSP personnel employed in the following positions:
- Fitness and Sports Director
  - Fitness, Sports and Recreation Director
  - Regional Adapted Fitness Specialists
  - Physical Exercise Specialists
  - Strength and Conditioning Specialists
  - Fitness Coordinators
  - Fitness and Sports Instructors

### 3. Publication

**3.1 Frequency of Publication** Annual or more frequent review and updates, as required.

**3.2 Errors / Omissions or Suggestions** Users of DFIT Directives are encouraged to bring any errors, omissions or suggestions to the attention of the OPI.

### 4. References

**4.1 Source References** [PSP Reconditioning Program Standard Operating Procedure](#) , 5595-0 (DFIT) 31 March 2012

**4.2 Related References** [Overview of the PSP Reconditioning Program Positions for Health Services Personnel – Memorandum](#), 5595-0 (DFIT) 31 March 2012

**4.3 Annexes** N/A