



### Consent to be Contacted for Research Recruitment

**Project Title:** Qualitative Study on the Health and Well-being of Families of Canadian Armed Forces Veterans with Mental Health Problems

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Ms. Andrea M. Stelnicki, PhD (Candidate), University of Calgary  
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Ms. Kimberley Smith-Evans, MA (Candidate), Mount Saint Vincent University  
Ms. Bailey Wheeler, MSc (Candidate), University of Calgary  
Dr. Dave Blackburn, PhD, Université du Québec en Outaouais

We would like to invite you to participate in this research study entitled "*Qualitative Study on the Health and Well-being of Families of Canadian Armed Forces Veterans with Mental Health Problems.*" The purpose of this study is to better understand the impacts of Canadian Armed Forces (CAF) Veterans' mental health challenges on the family, factors that contribute to the mental health and well-being of CAF Veterans and their families, and the effectiveness of current support services during the military to civilian transition period. Furthermore, the researchers seek to identify interventions and supports accessed during the military to civilian transition and their success in addressing the mental health needs of the Veteran family.

Participation involves completing and interview via phone or Skype at a convenient time that will take approximately 60-90 minutes. The researcher will ask about any challenges you and/or you family have encountered while your family member was transitioning out of the military and whether available support services were useful in addressing these challenges. You can choose not to respond to any question(s) that makes you uncomfortable and you are free to decline or withdraw participation at any time for any reason without consequence.

If you are interested in participating in this study or would like more information please provide your name and contact information below and a research team member will get in touch with you.

\_\_\_\_\_  
Name (Please Print)

Preferred method of contact (e.g.: email, phone): \_\_\_\_\_

Contact Information (e.g.: email address, phone number): \_\_\_\_\_

If phone, best time to contact: \_\_\_\_\_ Ok to leave voicemail (Yes/No)? \_\_\_\_\_