Soldier On is a Canadian Armed Forces program that supports serving members and Veterans who acquired a permanent physical or mental health illness or injury while enrolled in the Canadian Armed Forces, regardless if it is attributable or not to service.

If you meet these criteria and would like to receive information about Soldier On and stay connected, **REGISTER NOW**.

*Note: Registration is voluntary.*

### SECTION 1: MEMBER INFORMATION

Information will not be shared without the member’s written consent

<table>
<thead>
<tr>
<th>Surname</th>
<th>First Name:</th>
<th>Initials:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Street Address:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>City:</td>
<td>Province:</td>
<td>Postal Code:</td>
</tr>
<tr>
<td>Telephone (preferred):</td>
<td>E-Mail (preferred):</td>
<td></td>
</tr>
<tr>
<td>Language (preferred):</td>
<td></td>
<td>English</td>
</tr>
<tr>
<td>Select one:</td>
<td></td>
<td>French</td>
</tr>
<tr>
<td></td>
<td>Serving member</td>
<td>Veteran</td>
</tr>
<tr>
<td>Service number:</td>
<td></td>
<td>Service number:</td>
</tr>
<tr>
<td>Rank:</td>
<td></td>
<td>Rank:</td>
</tr>
</tbody>
</table>

Eligibility Criteria (Please select all that apply):
- [ ] Posted to the Joint Personnel Support Unit (JPSU)
- [ ] Permanent Medical Category (PCat)
- [ ] VAC Client (Please provide VAC Client number):
- [ ] 3(b) Medical Release
- [ ] Other (please describe):

<table>
<thead>
<tr>
<th>Age Group:</th>
<th>18-25</th>
<th>26-35</th>
<th>36-45</th>
<th>46-55</th>
<th>56+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender: Male</td>
<td>Female</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>T-Shirt Size:</th>
<th>XS</th>
<th>S</th>
<th>M</th>
<th>L</th>
<th>XL</th>
<th>XXL</th>
<th>XXXL</th>
</tr>
</thead>
</table>

Injury/Illness (check all that apply):
- [ ] Mental Health Concern or Illness
- [ ] Spinal Cord Injury (e.g. paraplegic)
- [ ] Amputee
- [ ] Musculoskeletal
- [ ] Visual Impairment
- [ ] Other (please describe):
SECTION 2: Check all activities that interest you most.

- Alpine Ski  - Parachuting
- Archery  - Rock Climbing
- Baseball  - Rowing
- Basketball  - Running
- Biathlon  - Sailing
- Bobsleigh – Luge  - Scuba diving
- Bowling  - Shooting
- Canoe  - Sledge hockey
- Curling  - Snowboard
- Cross Country Ski  - Soccer
- Cycling  - Stand Up Paddleboard
- Equestrian  - Swimming
- Fishing  - Tennis
- Gliding  - Track and Field
- Golf  - Triathlon
- Hiking  - Volleyball
- Hockey  - Waterski
- Kayak  - Yoga
- Martial Arts Training  - Other: _____

SECTION 3: How to submit your registration form.

Complete and return your Soldier On Registration Form by:

1. Email: Soldieron-Sanslimites@forces.gc.ca
2. Facsimile: 613-995-9175
3. Mail:
   Soldier On
   Joint Personnel Support Unit
   4210 Labelle Street
   Ottawa, On, K1J 1J8

Thank You!